

THIS WEEK'S MENU

WEEK COMMENCING 17 SEPTEMBER 2018



	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL	JERK SPICED CHICKEN THIGH	MINCED LAMB 氧 ONION PIE	ROAST GAMMON WITH GRAVY	Crescent burger bar Beef or chicken	BAKED BREADED POLLOCK FILLET
VEGETARIAN	JERK SPICED HALLOUMI	MIXED BEAN ६ VEGETABLE PIE	Broccoli, red onion 氧 FETA TART	Spicy 5 bean veggie burger	FALAFEL WITH MINT YOGHURT & PITTA BREAD
POTATOES/RICE/PASTA	RICE & PEAS	HERBY POTATOES	Boiled NEW POTATOES	POTATO WEDGES	STEAK CUT CHIPS
VE6ETABLES	GREEN BEANS	SWEDE ६ CARROT	ROASTED ROOT VEGETABLES	COWBOY BEANS ६ SWEETCORN	SWEETCORN & PEAS
JACKET POTATO	Jacket Potatoes served with a choice of tuna, cheese & hot jacket filling of the day				
SALAD BAR	A SELECTION OF SEASONAL SALADS AVAILABLE ON THE JACKET POTATO BAR				
FRUIT	Daily selection of yoghurt, fresh sliced fruits or cheese & biscuits				
Dessert	Eve's pudding with custard	CHOCOLATE CRISPY CAKE ६ CHOCOLATE SAUCE	CARROT CAKE	SEASONAL FRUIT SALAD	Raspberry muffins

Crescent School